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## ENDOSCOPIES WITH PALMADESSA & BRODSKY

During this painless procedure, our GI doctors will use an endoscope—a thin, flexible tube equipped with a small camera—to examine all portions of your upper GI tract. Throughout the procedure, your GI doctor will be able to examine real-time images of your upper GI tract and utilize the endoscope and endoscopic instruments to perform procedures as needed.

## DIAGNOSING UPPER GI ISSUES WITH ENDOSCOPIES

Many upper and lower GI conditions show similar symptoms, which include:

- Abdominal pain
- Nausea
- Diarrhea
- Vomiting
- Bloating

Our doctors perform the procedure while you lie sedated with our anesthesiologist monitoring your vital signs. The entire procedure lasts about 10 minutes and will have you back home in a few hours and at work within 24 hours.

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## PROCEDURES OFFERED

- Upper Endoscopy
- Colonoscopy
- Capsule Endoscopy
- Hemorrhoid Treatments

## VISIT OUR FACILITIES

Learn more about our thorough, caring approach to upper and lower GI conditions. Come visit us at:

### Main Location

Palmadessa & Brodsky: 241-02 Northern Blvd  
Douglaston, NY 11362  
Phone number: (718) 461-0163

### Outpatient Procedures Facility

Queens Endoscopy ASC: 176-60 Union Tpke Ste 101  
Fresh Meadows, NY 11366  
Phone Number: (718) 425-3300

## LEARN MORE

[www.queensgastrodoc.com](http://www.queensgastrodoc.com)

**PALMADESSA & BRODSKY**  
Gastroenterology 

**DONALD PALMADESSA, MD**  
**NEIL BRODSKY, MD**

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## Queen's Leading Provider of Comprehensive Gastroenterological Services



**PALMADESSA & BRODSKY**  
Gastroenterology 

**DONALD PALMADESSA, MD**  
**NEIL BRODSKY, MD**

**Comprehensive GI services conveniently located  
at 241-02 Northern Blvd, Douglaston, NY,  
just east of the Cross Island Parkway.**  
On-site free parking. Same day appointments.

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# Welcome to Our Comprehensive Practice for Gastroenterological Care

The board-certified physicians at Palmadessa and Brodsky Gastroenterology treat and prevent a broad variety of GI diseases. Our state-of-the-art Endoscopy center in Fresh Meadows, NY, features board-certified anesthesiologists. Our well-trained nursing and technical staff in our office and endoscopy center are multilingual, including Spanish, Italian, Russian and Mandarin/Cantonese speaking personnel.

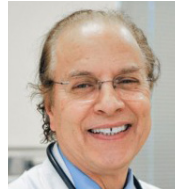
Open Monday through Friday, with late hours on Tuesday until 7:00 p.m.

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## Meet Our Leading Team of Gastroenterologists

Doctors Palmadessa and Brodsky are experts at understanding, detecting, and treating a wide range of GI diseases.



### DR. DONALD PALMADESSA

As the practice's founding member, Dr. Donald Palmadessa brings a personal touch to treating patients. Dr. Palmadessa formerly

served as Director of Gastroenterology at Flushing Hospital Medical Center. He is board-certified in Gastroenterology.

He graduated *summa cum laude* with Phi Beta Kappa distinction from Fordham University as well as with extra distinction from SUNY Downstate Medical Center where he received his medical degree. He also teaches gastroenterology fellows in North Shore University Hospital in Manhasset.



### DR. NEIL BRODSKY

Dr. Neil Brodsky, MD is board-certified in gastroenterology and has additional advanced training in liver diseases. He has an academic

appointment as Clinical Assistant Professor of Medicine at Weill Medical College of Cornell University and is Medical Director of Queens Endoscopy ASC. He is a founding member of the Empire Liver Foundation.

Dr. Neil Brodsky received his M.D. from New York University School of Medicine, completed a gastroenterology fellowship at SUNY Downstate Medical Center, and a Hepatology fellowship at the Mount Sinai Medical Center in New York City.

## WHAT IS A COLONOSCOPY?

Colonoscopies have proven to be the most effective means of detecting and treating a broad swath of GI issues. A colonoscopy is an examination of the colon and large intestine with a specialized endoscope. During the procedure, a colonoscope is inserted into the anus, through the rectum, and into the colon. As with a traditional endoscope, a physician manipulates the colonoscope, simultaneously viewing the real-time images relayed from a camera at the tip of the instrument.

## COLONOSCOPIES AND COLON CANCER

Colonoscopies are an incredibly effective way to discover and remove colon polyps before they become cancerous. Colon cancer originates from precancerous polyps found in the lining of the rectum and colon. These can form and grow without showing any symptoms. By removing precancerous polyps, you can prevent the disease altogether. The procedure itself usually lasts approximately 20 minutes, although you should plan on one hour, including admitting and recovery times.

## HEALTH BENEFITS FROM ENDOSCOPIES AND COLONOSCOPIES

- Together, both procedures allow a complete examination of the GI tract
- Treats a vast majority of both upper and lower GI conditions
- Will have you back to your normal life within 24 hours
- Simple and easy prep procedures